

# UWW Cadet National Team Development Program

"WHERE OLYMPIC  
JOURNEYS BEGIN"



*Developing Tomorrow's Olympians Today!*

## How to make a UWW Cadet National Team:

The UWW Cadet National Team is set at the Body Bar National Tournament each May. The 2015 Body Bar Nationals was held in Irving, Texas. The 2016 Body Bar competition is set for Irving, Texas again in May 13-15. UWW Cadets are born 1999-2001. Younger athletes cannot wrestle up in this age division even with a medical certificate.

## UWW Cadet Championship Program:

The Championship Program is focused on preparing our athletes to represent TEAM USA! Athletes will work with National Coaches and Senior National Team Members! The UWW Cadet Championship Program takes place over the summer. The UWW Cadet National Team Camps are combined with all other USA Wrestling National Team Training Camps. These camps combine the UWW Cadet, UWW Junior, University, and Senior age group athletes in one training environment. Athletes are responsible for their own transportation to/from camp fee. Body Bar National Champions at UWW international weights will be asked to represent Team USA at the Cadet World Championships. Second place Body Bar Finishers at the UWW international weights will be asked to represent Team USA at the Pan American Championships. Qualifying UWW international weights are 38, 40, 43, 46, 49, 52, 56, 60, 65, and 70kg.

## Funding Structure for UWW Cadet Championship Program:

- Body Bar Champions who attend all UWW Cadet Championship Preparation Camps in their entirety will receive full funding for their World Championship tour. Not meeting this requirement will result in no funding.
- Body Bar Runner Ups who attend all UWW Cadet Championship Preparation Camps in their entirety will receive full funding for their Pan American Championship tour. Not meeting this requirement will result in no funding.

### UWW Cadet Development Program:

The UWW Cadet Development Program is focused on building a foundation for success.

Athletes learn freestyle techniques, nutrition and sports psychology tips from USAW and US Olympic Committee staff. Now's your time to become a part of TEAM USA and train with the top athletes and coaches in the country! The UWW Cadet Development Program takes place throughout the school year. There are five, four day development program camps in which athletes work with National Coaches and Volunteer Coaches. Athletes are responsible for camp fee and transportation to and from camps. All UWW Cadet age female wrestlers are welcome to attend development camps regardless of rank. These camp dates and locations for the 2015-2016 year can be found below. There are two development tours each year in order to for athletes to gain international experience. In the 2013-2014 program, athletes attended the Lady Klippan Open in Klippan, Sweden as well as a combined tour competing at the Dormagen Open in Dormagen, Germany and Austrian Open in Gotzis, Austria. In the 2014-2015 program, athletes attended the Stu Hart Dual Meet and the Nordhagen Classic in Calgary, Canada and the Lady Klippan Open in Klippan, Sweden. Athletes receive funding for participation in these tours by attending camp. Camp and tour information will be sent out to the email to each National Team athlete and parent/guardian.

### Funding Structure for UWW Cadet Development Program:

- Body Bar Champions who attend 4/5 development camps earn two fully funded development tours
- Body Bar Runner Ups who attend 4/5 development camps earn one fully funded development tour
- Body Bar Third Place Finishers who attend 4/5 development camps earn 1/2 funding for one development tour
- Attending three camps will result in loss of funding level.  
For example a Champion who attends 3/5 development camps will only earn funding for one development tour
- Attending less than three camps will result in no funding.

### 2015-2016 Tentative Cadet Development Schedule

Oct. 29 – Nov. 1, 2015	Development Camp #1	Valencia High School	Placentia, CA
December 27-30, 2015	Development Camp #2	Arizona State University	Phoenix, AZ
Dec. 30, 2015 – Jan. 6, 2016	Development Tour	Dual Meet vs CAN	Vancouver, BC, CAN
February 12-15, 2016	Development Camp #3	Life University	Atlanta, GA
February 15-25, 2016	Development Tour	Lady Klippan Open	Klippan, SWE
March 21-24, 2016	Development Camp #4	Oklahoma City University	Oklahoma City, OK
March 25-27, 2016	Folkstyle Nationals	Oklahoma City University	Oklahoma City, OK
April 21-24, 2016	Development Camp #5	Ferrum College	Ferrum, VA
May 20-22, 2016	Body Bar Nationals	Irving Convention Center	Irving, TX
July 16-23, 2016	Asics Vaughn Nationals	ND State University	Fargo, ND

### 2016-2017 Tentative Cadet Championship Schedule

July 26-Aug. 6, 2016	Championship Camp #1	TBD	TBD
July 6-10, 2016	Championship Tour	Cadet Pan Am Championship	Tentatively Lima, Peru
Aug. 30 – Sept. 10, 2016	Championship Camp #2	TBD	TBD
September 10-18, 2016	Championship Tour	Cadet World Championship	Tbilisi, Georgia

# UWW Junior National Team Development Program

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## How to make a UWW Junior National Team:

The UWW Junior National Team is set at the Body Bar National Tournament each May. The 2015 Body Bar Nationals was held in Irving, Texas. The 2016 Body Bar competition is set for Irving, Texas again in May 13-15. UWW Juniors are born 1996-1998. Athletes born in 1998 can compete in UWW Junior age groups with a medical certificate.

## UWW Junior Championship Program:

The Championship Program is focused on preparing our athletes to represent TEAM USA! Athletes will work with National Coaches and Senior National Team Members! The UWW Junior Championship Program takes place over the summer. The UWW Junior National Team Camps are combined with all other USA Wrestling National Team Training Camps. These camps combine the UWW Cadet, UWW Junior, University, and Senior age group athletes in one training environment. Athletes are responsible for their own transportation to/from camp fee. Body Bar National Champions at UWW international weights will be asked to represent Team USA at the Junior World Championships. Second place Body Bar Finishers at the UWW international weights will be asked to represent Team USA at the Pan American Championships. Qualifying UWW international weights are 44, 48, 51, 55, 59, 63, 67, and 72kg.

## Funding Structure for UWW Junior Championship Program:

- Body Bar Champions who attend all UWW Junior Championship Preparation Camps in their entirety will receive full funding for their World Championship tour. Not meeting this requirement will result in no funding.
- Body Bar Runner Ups who attend all UWW Junior Championship Preparation Camps in their entirety will receive full funding for their Pan American Championship tour. Not meeting this requirement will result in no funding.

### UWW Junior Development Program:

The UWW Junior Development Program is focused on building a foundation for success.

Athletes learn freestyle techniques, nutrition and sports psychology tips from USAW and US Olympic Committee staff. Now's your time to become a part of TEAM USA and train with the top athletes and coaches in the country! The UWW Junior Development Program takes place throughout the school year. There are two, four day development program camps in which athletes work with National Coaches and Volunteer Coaches. Athletes are responsible for camp fee and transportation to and from camps. All UWW Junior age female wrestlers are welcome to attend development camps regardless of rank. These camp dates and locations for the 2015-2016 year can be found below. There are two development tours each year in order to for athletes to gain international experience. In the 2013-2014 and 2014-2015 programs, athletes attended the Lady Klippan Open in Klippan, Sweden and the Grand Prix of Spain in Madrid, Spain. Athletes receive funding for participation in these tours by attending camp. Camp and tour information will be sent out to the email to each National Team athlete and parent/guardian.

### Funding Structure for UWW Junior Development Program:

- Body Bar Champions who attend both development camps earn two fully funded development tours
- Body Bar Runner Ups who attend both development camps earn one fully funded development tour
- Body Bar Third Place Finishers who attend both development camps earn 1/2 funding for one development tour
- Attending less than two camps will result in no funding.

### 2015-2016 Tentative Junior Development Schedule

December 27-30, 2015	Development Camp #1	Arizona State University	Phoenix, AZ
February 15-25, 2016	Development Tour	Lady Klippan Open	Klippan, Sweden
March 21-24, 2016	Development Camp #2	Oklahoma City University	Oklahoma City, OK
March 25-27, 2016	University Nationals	Oklahoma City University	Oklahoma City, OK
May 20-22, 2016	Body Bar Nationals	Irving Convention Center	Irving, TX
July 6-16, 2016	Development Tour	Grand Prix of Spain	Madrid, Spain

### 2016-2017 Tentative Junior Championship Schedule

May 30-June 8, 2016	Championship Camp #1	TBD	TBD
June 10-12, 2016	Championship Tour	Junior Pan Am Championship	Barinas, Venezuela
August 21-28, 2016	Championship Camp #2	TBD	TBD
Aug. 30-Sept. 5, 2016	Championship Tour	Junior World Championship	Macon, France